



# Solid Rock Christian Camp

## Youth Camp Illness Policy

We are excited to be able to offer Youth Camps at Solid Rock Camp this summer. Camp is a great opportunity for individuals to get away from the distractions of daily life, enjoy the outdoors, and be challenged to grow spiritually in a safe and fun environment. We have put together policies, procedures and a program that will be fun and safe.

### Prayer

We have been praying for our campers, parents, counselors, and staff! Our prayer is that our campers will have a fun, healthy, safe, and life changing week! Please join us in prayer as we endeavor to do our best in our preparations to help endure the health and safety of all those who attend this summer.

### Pre-camp Illness

If your child is sick, they should stay home.

### Camper Illness

Should an illness occur, the affected individual will be isolated as much as possible. The Camp Nurse will determine if parent/guardian needs to be contacted and if the child will need to be sent home. Communicable illnesses are an inherent risk of group gatherings and Solid Rock Christian Camp is not responsible for campers contracting illness.

### Lodging

The cabin group is an important part of the camp dynamic. We will alternate camper sleeping arrangements (head to toe) to help protect our campers. Cabins will be limited to groups of 10 campers

### Cleaning and Procedures

Our staff will continue to clean and disinfect buildings daily. We will be disinfecting frequently touched surfaces multiple times a day and taking extra sanitary measures between camp sessions.

### Hand Washing & Hygiene

We will continue to emphasize the importance of washing hands with soap and water. Hand washing is one of the most effective ways to prevent the spread of germs and viruses. Each cabin and major building will have hand sanitizer available.

### Food Service

This Summer we will take the extra precautions to ensure the safest possible environment in the dining hall. This will include staff distributing food to all campers and sanitizing tables before and after meals. Everyone entering and exiting the dining hall will need to either wash their hands or use hand sanitizer.

### Final Thoughts

We will do what we can to follow these guidelines. We believe they are very reasonable and least invasive as they can be at this time. We know that not everyone will agree with them, but we believe they are very practical. We ask that if you do not agree with our COVID-19 policy that you do not send your kids to camp this year.