



Solid Rock Christian Camp Medical Policy

Camp is a great opportunity for individuals to get away from the distractions of daily life, enjoy the outdoors, and be challenged to grow spiritually in a safe and fun environment. We have put together policies, procedures and a program that will be fun and safe. Whenever there is a group, of individuals from different families and locations, that comes together there is an inherent opportunity for communicable diseases to spread. Because of this fact, we have adopted these policies to help mitigate spreading to the best of our abilities. There can never be a guarantee that campers will not become sick at camp, but if we all follow these guidelines, camp will be enjoyable and beneficial for everyone.

Prayer

We have been praying for our campers, parents, counselors, and staff! Our prayer is that our campers will have a fun, healthy, safe, and life changing week! Please join us in prayer as we endeavor to do our best in our preparations to help endure the health and safety of all those who attend this summer.

Current Illnesses

If you are sick, stay home! Please do not attend camp if you are currently experiencing an illness. If you are not sure, stay home until you are feeling better. If needed, we can make arrangements for you to join mid-week.

Camper Illness

Should an illness occur, the affected individual will be isolated as much as possible. If there is a fever, parent/guardian will be contacted, and they will be sent home. Communicable illnesses are an inherent risk of group gatherings and Solid Rock Christian Camp is not responsible for campers contracting illness.

Staff Training

Our staff training includes health and safety procedures. We will emphasize the critical role they play in the health and safety of our campers. Protocol will be developed for proper hand washing, reporting illness, and cleaning procedures.

Chapel

Campers will sit as a cabin group while in chapel.

Lodging

The cabin group is an important part of the camp dynamic. We will alternate camper sleeping arrangements (head to toe) to help protect our campers.

Cleaning and Procedures

Our staff will continue to clean and disinfect buildings daily. We will be disinfecting frequently touched surfaces multiple times a day and taking extra sanitary measures between camp sessions.

Hand Washing & Hygiene

We will continue to emphasize the importance of washing hands with soap and water. Hand washing is one of the most effective ways to prevent the spread of germs and viruses. Each cabin and major building will have hand sanitizer available. Campers will be encouraged to use them frequently throughout the day.

Food Service

We will take the extra precautions to ensure the safest possible environment in the dining hall. This will include sanitizing tables before and after meals, and separating cabins during mealtimes. Everyone entering the dining hall will need to either wash their hands or use hand sanitizer.

Final Thoughts

We will do what we can to follow these guidelines. We believe they are very reasonable and least invasive as they can be at this time. We know that not everyone will agree with them, but we believe they are very practical.